

**Step 12:** Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

**Tradition 12:** Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

**Concept 12:** The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

## December Events Calendar:

available on [JCOAA.ORG](http://JCOAA.ORG) in greater detail

### Saturday, December 2nd:

**9 am:** JCCOAA Steering

Committee Meeting

116 E 6th St, Medford

**6pm:** Saturday Night Live

Monthly Fellowship Potluck

And Speaker Meeting

6:00 pm - 8:15 pm

121 W 2nd St, Phoenix

### Sunday, December 3rd:

**5 pm:** Bowling, sponsored by

Sobriety Rocks Group

Caveman Bowl, 1230 Rogue River

Hwy, Grants Pass

### Saturday, December 9:

**7 pm:** AA Bingo Fundraiser

hosted by Hi-Lo Club in Grants Pass

7:00 pm - 9:00 pm

668 Lincoln Rd. Grants Pass, OR

### Sunday, December 10th:

**5 pm:** Bowling, sponsored by

Sobriety Rocks Group

Caveman Bowl, 1230 Rogue River

Hwy, Grants Pass

# JCCOAA

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## Wednesday, December 13th:

**6 pm:** Monthly General Service Meeting  
Attend Via Zoom or by phone  
Attendance restricted to relevant officer  
roles - More information on JCCOAA.org

## Sunday, December 17th:

**5 pm:** Bowling, sponsored by  
Sobriety Rocks Group  
Caveman Bowl, 1230 Rogue River  
Hwy, Grants Pass

## Sunday, December 24th:

**5 pm:** Bowling, sponsored by  
Sobriety Rocks Group  
Caveman Bowl, 1230 Rogue River  
Hwy, Grants Pass

## Wednesday, December 27th:

**11:30 am:** Women's AA  
Fellowship Potluck hosted by  
Keepin' it Simple  
607 W Main St, Medford

## Friday, December 29th:

**11:30 am:** Women's AA  
Fellowship Potluck hosted by  
Keepin' it Simple  
607 W Main St, Medford

## Sunday, December 31st:

**5 pm:** Bowling, sponsored by  
Sobriety Rocks Group  
Caveman Bowl, 1230 Rogue River  
Hwy, Grants Pass

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## Right-Sized for the New Year

By Z.W.

On page 30 of *The Twelve Steps and Twelve Traditions* readers are told, "We found that we must reconsider or die. We found many in AA who once thought as we did. They helped us get down to our **right size**. By their example they showed us that humility and intellect could be compatible, provided we placed humility first. When we began to do that, we received the gift of faith, a faith which works. This faith is for you, too."

During this time of year many find themselves in a posture of reconsideration. Some reconsider what they will eat or how they will exercise, while others reconsider in what new ways they will use their time and their resources with friends and family. In one way or another, the turning of the calendar invites us to reconsider our way of living in order to decide what still fits and what no longer does, whether that be our clothes, our practices or our old ideas. | Thankfully, we AA's have a solution for such difficult and troubling work, especially during what might be a difficult and troubling time of year. That solution is humility, the moment to moment, decision by decision work of being "right-sized."

# JCOAA

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But how to be right-sized when we as alcoholics know that our first thoughts/reactions are often way too high and mighty (grandiose pride) or way too low and dirty (shameful pride)? How am I supposed to moderate my “right” size when it is I who constantly puffs myself up and tears myself down? How do we correctly examine our desires and hopes for 2024 when we have all the previous years of ‘stinking thinking’ blurring and distorting our sincere examination? Quite simply, on our own we cannot. The great news is, thanks to AA we are not alone!

It can be troubling for any alcoholic to try to accept that their first thought is often not the right-sized thought, but what exactly is the most troubling part? In short, pride. Our pride, our native language as alcoholics, tells us that our first feelings and thoughts are brilliant and should be acted on immediately. Our pride tells us that we should “go big or go home” and if we fail at “going big” our home should then be a pile of trash. Our pride is what balloons us to poppable size and our pride is also the pin that pops the same balloon. What we need then is the humility to surround ourselves with other brothers and sisters who are sincerely trying to be as right-sized as possible as much as possible, always focusing on humble progress, not prideful perfection.

Our ego, /pride, left to its own devices, will never be right-sized because our addicted ego thinks that the world exists because of ME, instead of accepting that I exist thanks to the world and all that the world entails (even the parts I don't like). However, if that ego/pride is handed over to the the will of a Higher Power (by regularly going to meetings, sincerely studying the principles, working with a sponsor, and being of service to others) it can be transformed into a powerful and humble force, a field of love and healing made real and visible in the world, a world where each of us fits in “just right” when we let go of the ever-deluded idea that life is about what our prideful ego wants.

May this New Year be an opportunity for all of us to examine the size of what “we” want versus the size and scope and focus of what our own Higher Power may want from us. May our ego/pride decrease and the humble love and healing of the Fellowship increase in our individual hearts and thos our shared communities.

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**About the Editor:** Hello everyone, my name is Taylor and I'm an alcoholic. I've stepped into the role of newsletter editor with no experience in the field. I just heard of a need and volunteered for it. My mission is to help facilitate unity in Jackson County AA by keeping people up to date with what's going on at our local central office, upcoming events, and Central Office's top contributors. I'll be adding local AA related news and interviews as I get my footing, so stay tuned and subscribe.

I look forward to producing a newsletter that's helpful and informative but, as I said, I'm new at this. So feel free to reach out with suggestions of what you'd like to see in future editions. You can reach me at [lorlipone@gmail.com](mailto:lorlipone@gmail.com).

### STORY SOLICITATION

**“Do You Think You're Different?”**

**Pamphlet Update Deadline for submissions: April 30, 2024**

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>

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The trustees Literature Committee is seeking stories from AA members with diverse backgrounds. This is in response to the 2022 Conference Advisory Action that the trustees' Literature Committee revise the pamphlet “Do You Think You're Different?” to update the stories to represent greater diversity. The Trustees' Literature Committee requested that consideration be given to stories from multicultural populations, stories from A.A. members whose experience reflects multiple factors, and from diverse populations not addressed in other current A.A. literature. Please encourage members in your area to write their personal stories for possible inclusion in the revised pamphlet “Do You Think You're Different.” Stories should reflect “in a general way what we used to be like, what happened, and what we are like now.” The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all authors will be observed whether their story is selected for publication or not. Instructions for submitting your manuscript: Deadline: Please submit on or before April 30, 2024 Submit your story by following this link:

<https://app.smartsheet.com/b/form/5a77c27d179d4856b32eed86b01e3426>

Additional ways of sending your story:

Email: [pamphletstories@aa.org](mailto:pamphletstories@aa.org) Subject Line: "Do You Think You're Different?" Rev/09/8/2023

Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163  
On the envelope: The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.  
Thank you for your participation in the process!

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**A wide variety of AA literature in spanish has been made available at central office!**

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